

INVERNESS WARM WELCOME

Monday

Bught Stop Cosy Café – 1.00 - 2.30 refreshments, sandwiches and baking

Café 1668 – free meals from 12.00-2.00 pm

Inverness Vineyard Church Raigmore Community Centre, 1.30- 3pm. Free community lunch & Free food cupboard items.

Smithton Free Church – 02.00-4.00 pm free hot drinks and baking.

Culloden – Balloch Baptist Church – Tea/coffee/juice and biscuits, games and study area 4pm to 8pm, free meal served 5pm to 7pm

Free North Church – 10.00- 01.00 pm hot drinks, biscuits and toast and a hot shower also available.

Kings Inverness, Smithton – 10.00 - 3.00 pay forward drinks and meals

Tuesday

Ness Bank Church – Inverness Foodstuffs – 12.00 – 3.00 3 course hot vegetarian lunch, helpline 07552 303056

St Michaels Church– 1100-1.00 – Free teas and coffee, biscuits, board games

Kings Inverness, Smithton – 10.00 - 3.00 pay forward drinks and meals

Wednesday

Café 1668 – free meals from 12.00-2.00 pm

Hilton Community Centre – Inverness Foodstuff - 12.00-2.00 pm -2 course lunch and Listening Ear Support

Kings Inverness, Smithton – 10.00 - 3.00 pay forward drinks and meals

Thursday

Ness Bank Church – Inverness Foodstuffs – 12.00 – 3.00 3 course hot vegetarian lunch, helpline 07552 303056

Smithton Free Church – 05.00 – 06.30 pm - Burgers, Hot Dogs and drinks, 4 items for £1

Kings Inverness, Smithton – 10.00 - 3.00 pay forward drinks and meals

Friday

Café 1668 – free meals from 12.00-2.00 pm

Hilton Community Centre – Inverness Foodstuff - 12.00-2.00 pm -2 course lunch and Listening Ear Support

The Barn Church – 12.15 – 2.15 pm (term time) free soup, bread, yogurts, tea & coffee and biscuits.

Free North Church – 10.00- 01.00 pm hot drinks, biscuits and toast and a hot shower also available.

Kings Inverness, Smithton – 10.00 - 3.00 pay forward drinks and meals

Saturday

Ness Bank Church – Inverness Foodstuffs – 12.00 – 3.00 3 course hot vegetarian lunch, helpline 07552 303056

Daily

Inverness Cathedral offers a Warm Welcome 9.00 – 4.00 pm Mon to Sat and 12.30 – 4.00 pm on Sun.

Suspended coffees daily in the cathedral café 9.00-4.00pm

Inverness Mosque warm welcome – 2.00 - 9.00 pm